

PLASMA ANTIBODIES TO A β 40 AND A β 42 IN PATIENTS WITH ALZHEIMER'S DISEASE AND NORMAL CONTROLS

Mikio Shoji¹⁾

Abstract Antibodies to amyloid β protein (A β) are present naturally or after A β vaccine therapy in human plasma. To clarify their clinical role, we examined plasma samples from 113 patients with Alzheimer's disease (AD) and 205 normal controls using the tissue amyloid plaque immunoreactivity (TAPIR) assay. A high positive rate of TAPIR was revealed in AD (45%) and age-matched controls (41%), however, no significance was observed. No significant difference was observed in the MMS score or disease duration between TAPIR-positive and negative samples. TAPIR-positive plasma reacted with the A β 40 monomer and dimer, and the A β 42 monomer weakly, but not with the A β 42 dimer. TAPIR was even detected in samples from young normal subjects and young Tg2576 transgenic mice. Although the A β 40 level and A β 40/42 ratio increased, and A β 42 was significantly decreased in plasma from AD groups when compared to controls, no significant correlations were revealed between plasma A β levels and TAPIR grading. Thus an immune response to A β 40 and immune tolerance to A β 42 occurred naturally in humans without a close relationship to the A β burden in the brain. Clarification of the mechanism of the immune response to A β 42 is necessary for realization of an immunotherapy for AD.

Hirosaki Med. J. 61, Supplement : S135—S141, 2010

Introduction

Recent studies suggested that A β immunotherapy is the most promising among the many candidate therapies for AD. Schenk and others showed that an A β 42 peptide vaccine clearly reduced the A β amyloid burden in transgenic model mice¹⁾. Passive immunization using anti-A β antibodies was also shown to be effective for reduction of the A β amyloid burden²⁾. These findings suggest peripheral antibodies to A β may serve a protective role against AD. A detectable increase in antibodies to A β 42 was observed in about 25% of patients who received AN1792 in a Phase I study^{3,4)}. Analysis of serum samples by ELISA indicated that 15 of 18 patients experiencing meningoencephalitis in a Phase II study had antibodies against A β 42. CSF antibodies to A β 42 were present in 6 of 8 patients tested after the onset of encephalitis.

However, titers of antibodies to A β 42 were not correlated with the occurrence or severity of symptoms or relapses⁴⁾. An autoantibody to A β 40 was first detected in human B cell lines from AD patients⁵⁾. Naturally occurring antibodies to synthetic A β 40 were confirmed by ELISA in the CSF and plasma of non-immunized humans and titers were significantly higher in healthy controls than in patients with AD⁶⁾. Titers of anti-A β 42 peptide antibodies were lower in AD patients compared with healthy individuals⁷⁾, or elevated in AD patients and elder transgenic mice⁸⁾. Naturally occurring anti-A β 42 antibodies were detected at very low levels by ELISA in over 50% of elderly individuals and at modest levels in 5% of them. Neither the presence nor the amount of naturally occurring anti-A β 42 antibodies correlated with the presence, or age of AD onset, or the plasma levels of A β 40 and A β 42⁹⁾. Normal levels of

¹⁾ correspondence author
Department of Neurology, Hirosaki University
Graduate School of Medicine, 5 Zaifu-cho, Hirosaki,
Aomori 036-8562, Japan

Phone: + 81-172-39-5142
FAX: + 81-172-39-5143
E-mail address: mshoji@cc.hirosaki-u.ac.jp

antibodies to A β 42 and A β 40 were present in both AD and control groups, even in a young population¹⁰. Thus, the previous reports suggested complex relationships for naturally occurring antibodies to A β .

Here, we examined 113 AD cases and 155 age-matched normal controls by TAPIR assay in order to clarify the positive rates, antibody characters, correlations with clinical symptoms, and clinical roles of naturally occurring antibodies against β -amyloid plaques. Modification of plasma A β 40 and A β 42 concentrations by antibodies to A β was also studied based on age- or AD-dependent alterations of plasma A β levels.

Materials and Methods

After informed consent was given, blood samples were collected into 0.1% EDTA from a total of 318 subjects including 113 patients with AD (AD group) and 205 normal controls (total normal control group: tNC group). As age-matched controls (aNC group), 115 samples from subjects over 43 years old were selected from the tNC group. The clinical diagnosis of AD was based on NINCDS-ADRDA criteria. The clinical severity of AD was evaluated using the Mini-Mental State Examination (MMS). AD patients were divided into 3 subgroups according to clinical stages: early stage MMS score >20, moderate stage MMS score 10~20, advanced stage MMS score <10.

Five μ m serial paraffin sections of brains from Tg2576 mice or Alzheimer's patients were used. Sections were incubated at 4°C overnight with human or mouse plasma diluted with blocking solution (1:100). Sections were then treated with Vectastain Elite ABC kit (Vector, Burlingame, CA). Immunostaining with Ab9204 (1:1,000, antibody to a synthetic A β peptide) or without the primary antibody were used as positive and negative controls, respectively.

TAPIR findings were classified into 4 levels: negative -, no senile plaque core; weakly positive

\pm , senile plaque cores were stained weakly and less than 5 cores were stained in each brain section on a slide; positive +, \geq 5 senile plaque cores were stained clearly in at least one brain section per slide; strongly positive ++, most senile plaque cores were strongly labeled when compared to Ab9204 immunostaining.

About 2 g of gray matter of the AD brain was homogenized with 4 volumes of TBS with protease inhibitors (1 μ g/ml Leupeptin, 1 μ g/ml TLCK, 0.1 μ g/ml Pepstatin A, 1mM phenylmethanesulfonyl fluoride and 1mM EDTA), and centrifuged at 100,000g for 1 hour. The resulting pellet was extracted with 10 ml of 10% SDS in TBS and then with 1ml of 99% formic acid (FA). The final supernatant was lyophilized, dissolved with 20 μ l of 99% DMSO, and stored at -80°C until use (formic acid soluble amyloid A β fraction: FA β).

20 μ l of protein G agarose was washed 3 times with 1 ml RIPA buffer. Prewashed protein G agarose was mixed with 600 ng synthetic A β 40, 600 ng synthetic A β 42 or 300 ng FA β in 1 ml of RIPA buffer and incubated at room temperature for 30 minutes. After centrifugation, the resulting supernatant was mixed again with 20 μ l of prewashed protein G agarose and 10 μ l of plasma, incubated at room temperature for 3 hours, and then centrifuged. The pellet was boiled with 1 x NuPage LDS sample buffer containing 0.1 M dithiothreitol for 10 minutes at 70°C and separated on a 4 to 12% NuPage Bis-Tris gel (Invitrogen, CA). After electro-transfer, the blot membrane was incubated with monoclonal 6E10 (specific to A β 1-16, 1:1000) at 4°C overnight. After washing and incubation with horseradish-peroxidase-conjugated goat anti-mouse IgG (1:2000) at RT for 2 hours, the signal was developed by SuperSignal west Dura extended duration substrate (Pierce Biotechnology, CA).

Sandwich ELISA was used to specifically quantify whole plasma A β , as previously

described. Microplates were pre-coated with monoclonal BNT77 (IgA, anti-A β 11-28, specific A β 11-16) and sequentially incubated with 100 μ l of samples followed by horseradish- peroxidase-conjugated BA27 (anti-A β 1-40, specific A β 40) or BC05 (anti-A β 35-43, specific A β 42 and A β 43).

Results

In the AD group, 42 cases (37.2%) were TAPIR -, 20 (17.8%) were \pm , 44 (38.9%) were grading +, and 7 (6.2%) were ++. Fifty one of 113 AD patients were ++ and +, suggesting frequent appearance (45.1%) of naturally occurring antibodies to amyloid plaque cores. In the aNC group, 54 cases (34.8%) were TAPIR -, 37 (23.9%) were \pm , 44 (28.4%) were +, and 20 (12.9%) were ++. Sixty-four cases of 155 aNC group (41.3%) were TAPIR ++ or +. No significant differences were detected by Mann-Whitney's U tests in the positive rates of naturally occurring antibodies to amyloid plaque cores among groups ($p = 0.77$), or comparisons between the positive AD group (+ and ++), negative AD group (\pm and -), positive aNC group (++ and +) and negative aNC (\pm and -) group ($p = 0.54$).

There were no significant differences in gender or mean age in both AD and aNC groups. No significant differences were observed in MMS scores and disease duration among the TAPIR -, \pm , +, ++ subgroups of AD samples. There were also no significant differences in the progressive decline of MMS scores among these AD subgroups. The presence of naturally occurring antibodies to A β as detected by TAPIR may therefore not improve prognosis of AD.

As indicated in Fig 1, freshly prepared A β 40 and A β 42 were composed of monomers and dimers. However, formic acid extractable A β (FA β) exhibited polymerization as shown by the higher molecular mass of its oligomers (Fig 1, left panel). Immunoprecipitation with TAPIR ++/+ plasma obtained from the AD and aNC

groups retrieved A β 40 monomers and dimers as well as higher molecular mass polymers. Immunodetection of monomeric A β 42 using 6E10 was very weak, whereas no dimeric form of A β 42 was detected (Fig 1 right panels). These findings suggest that TAPIR- positive plasma reacts with A β , but its reactivity to A β 42 is very weak.

In order to clarify when these antibodies against A β appear, we additionally examined the remaining 50 plasma samples from subjects younger than 43 years old in the tNC group. Surprisingly, TAPIR revealed that antibodies to A β appeared in a 2 year-old child and also in some young subjects (TAPIR +; Fig 2A, B and C). TAPIR positive rates were 57% by 10 years old ($n=7$; 4 TAPIR+), 64% by 20 years old ($n=11$; 6TAPIR +), 20% by 30 years old ($n=10$; 2 TAPIR +) and 10% by 40 years old ($n=10$; 1 TAPIR+). To confirm further this early appearance of antibodies to A β , immunoprecipitation was performed. Essentially identical finding to those seen in the AD and aNC groups were revealed (Fig 2D~F). A β 40 and FA β monomers and dimers were strongly immunoprecipitated (arrows). However, immunoprecipitation of the A β 42 monomer was also weak and the A β 42 dimer was absent in TAPIR-positive plasma from younger controls.

Plasma from younger and older Tg2576 mice labeled amyloid cores in AD brains (Fig 2G~I). The appearance rate was 1/3 at 4 months old (1 TAPIR+), 3/3 at 8 months old (1 TAPIR ++ and 2 TAPIR +), 1/1 at 16 months old (1 TAPIR++) and 1/1 at 23 months old mice (1 TAPIR+). Finally, we summarized age- dependent TAPIR-positive rates (TAPIR grading + and ++) in 10 year increments in both AD and tNC groups (Fig 2J). TAPIR-positive rates were high in young subjects (1~20 years old), low during adulthood (21~50 years old) and then increased again after 50. No differences were observed between AD and tNC samples from 50 to 91 years old. Thus,

the appearance of antibodies to Aβ preceded Aβ amyloid deposition in human and model mouse brains.

To examine the effect of antibodies to Aβ on plasma Aβ concentrations, we measured levels of Aβ40 and Aβ42 in 318 plasma samples by specific ELISA. In the tNC group, plasma Aβ40 levels increased after 40 years of age (Fig 3A; P<0.0001). On the contrary, plasma Aβ42 levels increased between the teens and twenties, then gradually declined with age (Fig 3B; P=0.0158). The Aβ ratio (Aβ40/Aβ42) was stable until ~30 years old and then gradually increased (Fig 3C; P<0.0001).

Significantly increased levels of plasma Aβ40 were observed in the AD group (112 ± 39.51 pmol/L) compared to the aNC group (95.38 ± 32.30; p<0.0002; Fig 3D). Aβ42 levels were significantly decreased in the AD group (10.29

±13.80 pmol/L) compared to the aNC group (12.13 ± 12.29; p<0.0001; Fig 3E). Based on these changes, the Aβ ratio (Aβ40/Aβ42) was more strongly increased in the AD group (14.42 ± 10.00) than in the aNC group (8.34 ± 3.83; p<0.0001; Fig 3F). ROC analysis of the Aβ ratio indicated that the significant cut off value was

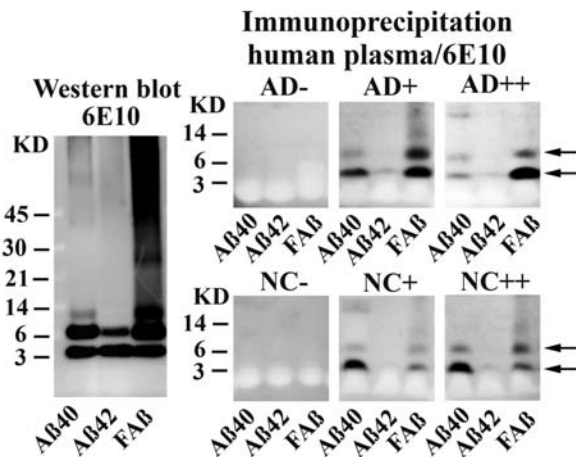


Figure 1 TAPIR-positive plasma immunoprecipitated Aβ40 and amyloid Aβ, but Aβ42 very weakly. On direct western blotting of synthetic Aβ40, Aβ42, and FAb from the AD brain, antibody 6E10 detected monomers and dimers of Aβ40, Aβ42 and brain amyloid Aβ with smear aggregates (left panel). Immunoprecipitations of Aβ40, Aβ42, and FAb using TAPIR-, +, and ++ plasma from the AD group (right upper panel, AD) or the aNC group (right lower panel, NC) were labeled by antibody 6E10, showing that monomers (arrow) and dimers (arrow) of Aβ40 were recognized by TAPIR positive plasma (grading + and ++) in addition to Aβ42 monomers, and brain Aβ amyloid monomers and dimers with smear aggregates, which showed weak signals. "Adopted from reference 17."

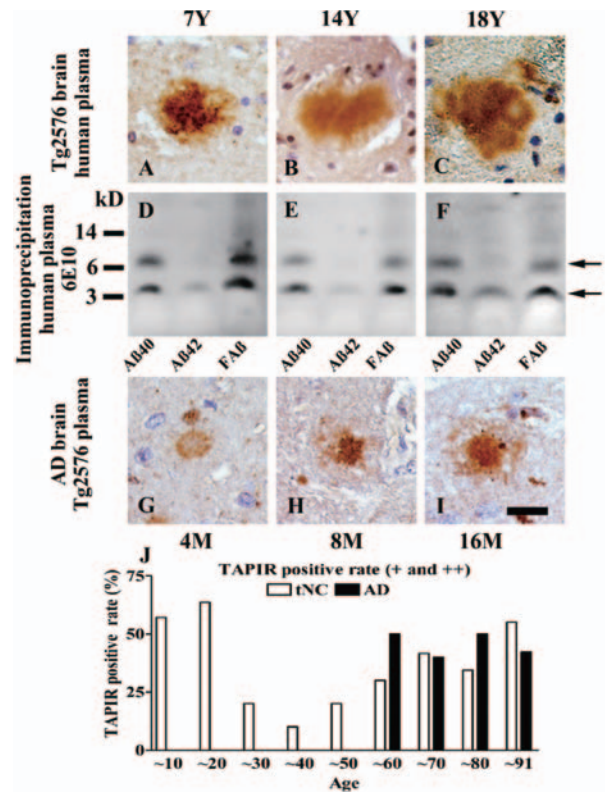


Figure 2 Antibodies to Aβ appeared before Aβ amyloid deposits in the brain

TAPIR was positive in 7 year old (TAPIR +; A, 7Y), 14 year old (TAPIR +; B, 14Y), and 18 year old young persons (TAPIR +, C, 18Y). TAPIR positive plasma strongly immunoprecipitated monomers and dimers (arrow) of Aβ40 and FAb, and weakly immunoprecipitated monomers of Aβ42 and Aβ amyloid (D, E and F; corresponding plasma of upper panels; D and A 7Y, E and B 14Y and F and C 18Y). Plasma from younger and older Tg2576 mice also labeled amyloid cores in AD brains (G: 4 months old Tg; H: 8 months old Tg and I: 16 months old Tg). Bar scale=15µm. J: TAPIR positive rates in the tNC group according to age. Columns show the TAPIR-positive rate (TAPIR grading + and ++) for 10 year increases in the AD (black columns) and tNC (white columns) groups. TAPIR-positive rates were high in young subjects (1~20 years old), low during adulthood (21~50 years old) and then increased again after age 50. No differences were observed between AD and tNC groups in samples from subjects 50 to 91 years old. "Adopted from reference 17."

9.0, which provided high sensitivity (78.8%) and low specificity (30.3%) for clinical diagnosis of AD. When the mean + 2 SD (15.9) of the aNC group was used as a cutoff value, the sensitivity was 24% and the specificity was 96%. When AD was divided into 3 subgroups according to clinical stage, increasing A β 40 levels and A β ratio, as well as decreasing A β 42 levels progressed from the early stage to the advanced stage (Fig 3G-I).

Discussion

In our study, a high positive rate of TAPIR

was found in both AD and aNC groups, but no significant difference was found between these groups. Essentially the same findings were observed even in strongly positive (++) subgroups of AD and aNC. Non-parametric analysis revealed that neither MMSE score nor disease duration correlated with TAPIR grade, indicating that the physiological impact of naturally occurring anti-A β antibodies is below clinical significance. Our immunoprecipitation study suggested that TAPIR +++ plasma obtained from AD and aNC subjects retrieved A β 40 monomers and dimers as well as higher

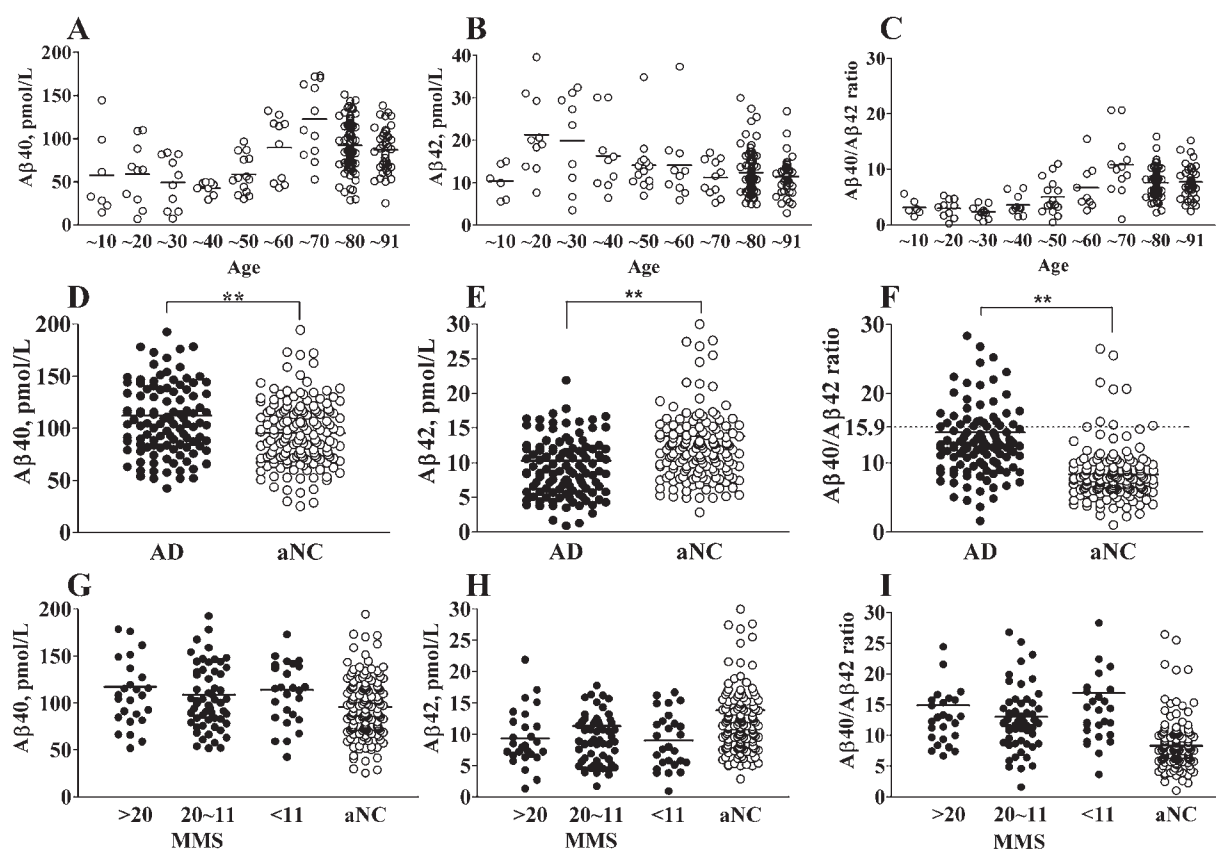


Figure 3 Age-dependent regulation of plasma A β levels in controls, and their alteration in AD.

Plasma A β 40 and A β 42 levels showed different age-dependent alterations in the tNC group. A β 40 levels increased from age 50 and decreased from age 70 (A). A β 42 levels were high in the teens and twenties, then gradually decreased with age (B). Based on these different changes, the A β ratio (A β 40/A β 42) progressively increased from age 40 (C). Significantly increased levels of A β 40 (D: $p = 0.0002$) and increased A β ratio (F: $p < 0.0001$) as well as decreased levels of A β 42 (E: $p < 0.0001$) were shown between the AD and aNC groups. When the mean +2SD of the A β ratio in the aNC group was used as a diagnostic marker for AD, the cut off value 15.9 (dot line) provided 24% sensitivity and 96% specificity (F). Constant alterations of plasma A β levels in AD were recognized at the early (MMS score >20), moderate (MMS score 20~11), and advanced stages (MMS score <11) (G~I). A, D, G: A β 40; B, E, H: A β 42; C, F, I: A β ratio. Bars show mean levels. "Adopted from reference 17."

molecular mass polymers. Immunodetection of monomeric A β 42 using 6E10 was very weak, whereas no dimeric form of A β 42 was detected under our testing conditions. The absence of anti-A β 42 dimer antibodies and the relatively low levels of anti-A β 42 monomers were characteristic of naturally occurring antibodies to A β . These findings are considered to be another reason why naturally occurring antibodies to A β are not sufficient for prevention of development of dementia.

Our TAPIR assay also showed that anti-A β antibodies were naturally present throughout the entire human life span. It is relevant to note that naturally occurring anti-A β antibodies were unequivocally detected in young human subjects as well as young Tg2576 mice. In relative terms, the positive rates of anti-A β antibodies were highest in young individuals, lowest in those middle-aged and higher in the elderly. The presence of anti-A β antibodies in young human subjects was characterized by the subsequent immunoprecipitation study. Anti-A β antibodies retrieved A β 40 monomers and dimers as well as high molecular mass oligomers in FA β fractions, but they retrieved fewer A β 42 dimers. To our knowledge, this is the first report showing the relatively selective presence of anti-A β 40 antibodies, and reduced amounts of anti-A β 42 antibodies in young individuals.

The exact mechanism underlying spontaneous anti-A β antibody production remains unknown. Although increased A β 42 levels have been detected in transgenic animal models¹¹⁾, immune hyporesponsiveness to A β 42 was also shown¹²⁾. Increased T cell reactivity to A β 42 was shown to increase in elderly individuals and patients with AD¹³⁾. However, the previous findings and our results could not show increased titers of anti-A β 42 antibodies in these groups. Thus, hypopimmune responses to A β 42, especially to the A β 42 oligomer, actually occurred in AD and healthy populations. Since A β 42 is

highly pathogenic and neurotoxic, A β 42 may be sequestered and spontaneous immune responses to A β may be suppressed in human populations. Significantly increased levels of plasma A β 40, increased A β ratio and decreased levels of A β 42 were revealed in the AD group when compared to the aNC group. When AD was divided into 3 groups according to clinical stage, the A β ratio increased progressively from the early stage to the advanced stages of AD. These findings show that plasma A β ratio can be used as an easy, non-invasive, and useful biomarker for diagnosis and monitoring of clinical symptoms of AD, although the sensitivity and specificity are lower than those in CSF samples¹⁴⁻¹⁶⁾.

References

- 1) Schenk D, Barbour R, Dunn W, Gordon G, Grajeda H, Guido T, Hu K, Huang J, Johnson-Wood K, Khan K, Kholodenko D, Lee M, Liao Z, Lieberburg I, Motter R, Mutter L, Soriano F, Shopp G, Vasquez N, Vandeventer C, Walker S, Wogulis M, Yednock T, Games D, Seubert P. Immunization with amyloid- β attenuates Alzheimer-disease-like pathology in the PDAPP mouse. *Nature* 1999;400:173-7.
- 2) Bard F, Cannon C, Barbour R, Burke RL, Games D, Grajeda H, Guido T, Hu K, Huang J, Johnson-Wood K, Khan K, Kholodenko D, Lee M, Lieberburg I, Motter R, Nguyen M, Soriano F, Vasquez N, Weiss K, Welch B, Seubert P, Schenk D, Yednock T. Peripherally administered antibodies against amyloid β -peptide enter the central nervous system and reduce pathology in a mouse model of Alzheimer disease. *Nat Med* 2000;6:916-9.
- 3) Orgogozo, JM, Gilman S, Dartigues JF, Laurent B, Puel, M, Kirby LC, Jouanny P, Dubois B, Eisner L, Flitman S, Michel BF, Boada M, Frank A, Hock C. Subacute meningoencephalitis in a subset of patients with AD after A β 42 immunization. *Neurology* 2003;61:46-54.
- 4) Nicoll JA, Wilkinson D, Holmes C, Steart P, Markham H, Weller RO. Neuropathology of human Alzheimer disease after immunization with amyloid- β peptide: a case report. *Nat Med*

- 2003;9:448-52.
- 5) Gaskin F, Finley J, Fang Q, Fu SM. Human antibodies reactive with β -amyloid protein in Alzheimer's disease. *J Exp Med* 1993;177:1181-6.
 - 6) Du Y, Dodel R, Hampel H, Buerger K, Lin S, Eastwood B, Bales K, Gao F, Moeller HJ, Oertel W, Farlow M, Paul S. Reduced levels of amyloid β -peptide antibody in Alzheimer disease. *Neurology* 2001;57:801-5.
 - 7) Weksler ME, Relkin N, Turkenich R, LaRusse S, Zhou L, Szabo P. Patients with Alzheimer disease have lower levels of serum anti-amyloid peptide antibodies than healthy elderly individuals. *Exp Gerontol* 2002;37:943-8.
 - 8) Nath A, Hall E, Tuzova M, Dobbs M, Jons M, Anderson C, Woodward J, Guo Z, Fu W, Kryscio R, Wekstein D, Smith C, Markesbery WR, Mattson MP. Autoantibodies to amyloid β -peptide (A β) are increased in Alzheimer's disease patients and A β antibodies can enhance A β neurotoxicity: implications for disease pathogenesis and vaccine development. *Neuromolecular Med* 2003;3:29-39.
 - 9) Hyman BT, Smith C, Buldyrev I, Whelan C, Brown H, Tang MX, Mayeux R. Autoantibodies to amyloid- β and Alzheimer's disease. *Ann Neurol* 2001;49:808-10.
 - 10) Baril L, Nicolas L, Croisile B, Crozier P, Hessler C, Sassolas A, McCormick JB, Trannoy E. Immune response to A β -peptides in peripheral blood from patients with Alzheimer's disease and control subjects. *Neurosci Lett* 2004;355:226-30.
 - 11) Kawarabayashi T, Younkin LH, Saido TC, Shoji M, Ashe KH, Younkin S.G. Age-dependent changes in brain, CSF, and plasma amyloid β protein in the Tg2576 transgenic mouse model of Alzheimer's disease. *J Neurosci* 2001;21:372-81.
 - 12) Monsonego A, Maron R, Zota V, Selkoe DJ, Weiner HL. Immune hyporesponsiveness to amyloid β -peptide in amyloid precursor protein transgenic mice: implications for the pathogenesis and treatment of Alzheimer's disease. *Proc Natl Acad Sci USA* 2001;98:10273-8.
 - 13) Monsonego A, Zota V, Karni A, Krieger JI, Bar-Or A, Bitan G, Budson AE, Sperling R, Selkoe DJ, Weiner HL. Increased T cell reactivity to amyloid β protein in older humans and patients with Alzheimer disease. *J Clin Invest* 2003;112:415-22.
 - 14) Kanai M, Matsubara E, Isoe K, Urakami K, Nakashima K, Arai H, Sasaki H, Abe K, Iwatsubo T, Kosaka T, Watanabe M, Tomidokoro Y, Shizuka M, Mizushima K, Nakamura T, Igeta Y, Ikeda Y, Amari M, Kawarabayashi T, Ishiguro K, Harigaya Y, Wakabayashi K, Okamoto K, Hirai S, Shoji M. Longitudinal study of cerebrospinal fluid levels of tau, A β 1-40, and A β 1-42(43) in Alzheimer's disease: a study in Japan. *Ann Neurol* 1998;44:17-26.
 - 15) Shoji M, Kanai M, Matsubara E, Tomidokoro Y, Shizuka M, Ikeda Y, Ikeda M, Harigaya Y, Okamoto K, Hirai S. The levels of cerebrospinal fluid A β 40 and A β 42(43) are regulated age-dependently. *Neurobiol Aging* 2001;22:209-15.
 - 16) Shoji M. Cerebrospinal fluid A β 40 and A β 42: natural course and clinical usefulness. *Front Biosci* 2002;7:d997-1006.
 - 17) Xu W, Kawarabayashi T, Matsubara E, Deguchi K, Murakami T, Harigaya Y, Ikeda M, Amari M, Kuwano R, Abe K, Shoji M. Plasma antibodies to Abeta40 and Abeta42 in patients with Alzheimer's disease and normal controls. *Brain Res* 2008;1219:169-179.