## **ORIGINAL ARTICLE**

# COMPARISON OF THE EFFECTS OF ISOFLURANE INHALATION, PENTOBARBITAL AND A MEDETOMIDINE-MIDAZOLAM-BUTORPHANOL COMBINATION ANESTHESIA ON ELECTROCARDIOGRAMS IN MICE

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Abstract We compared the effects of inhalation anesthesia (2% isoflurane), intraperitoneal injection of pentobarbital anesthesia (50 mg/kg), and a combination anesthetic consisting of medetomidine, midazolam and butorphanol (MMB) on electrocardiograms in mice. Using either isoflurane inhalation anesthesia or pentobarbital anesthesia, heart rate (HR) was in the acceptable range (ca. 450-500 bpm). In contrast, MMB anesthesia decreased HR significantly. Importantly, MMB anesthesia responded minimally to propranolol ( $\beta$ -blocker), suggesting that MMB anesthesia affects sympathetic tonus and is not suitable for evaluation of the cardiovascular or sympathetic system. We confirmed that modified MMB, with a decreased dose of medetomidine from the original protocol (an  $\alpha_2$  agonist), was associated with a HR of 400 bpm and a diminished response to propranolol. Our present results illustrate the importance of using an appropriate form of anesthesia suitable for experimental pharmacological studies.

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Key words: inhalation anesthesia; isoflurane; propofol; pentobarbital; medetomidine; midazolam.

### Introduction

General anesthesia is important for ensuring reliability in pharmacological animal studies. Recently, the transgenic mouse model has gained popularity for the investigation of human inherited cardiac disease. Electrophysiological studies, including electrocardiograms (ECGs), have recently been performed using transgenic mice to characterize the electrical phenotype of the heart. However, little is known regarding the impacts of experimental conditions or the type of model selected on the outcomes of these electrophysiological studies.

Proper anesthetics should be selected depending on the type of experiment. Some anesthetics confer cardioprotective effects, which

<sup>1)</sup> Department of Pharmacology, <sup>3)</sup>Department of Anesthesiology, <sup>4)</sup>Department of Dermatology, might be relevant to models of ischemia<sup>1, 2)</sup>. Several studies have examined the influence of commonly used anesthetics on the short-term and non-invasive assessment of cardiac function using echocardiography<sup>3, 4)</sup>. Sodium pentobarbital and ketamine/xylazine have been used widely in mice models<sup>5)</sup>. Inhalation anesthetic agents, such as isoflurane, offer significant advantages compared with invasive agents<sup>6)</sup>. Isoflurane anesthesia has minimal impact on the hemodynamic status of mice, compared with other injectable anesthetics such as pentobarbital and ketamine/xylazine<sup>6, 7)</sup>.

The use of isoflurane and injectable anesthetic combinations such as ketamine/xylazine has increased worldwide<sup>8)</sup>. However, because ketamine was classified as a narcotic drug in 2006, its use has decreased significantly in

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Regarding alternatives, pentobarbital sodium can no longer be commercially available, because the manufacture of Nembutal<sup>®</sup>, pentobarbital sodium, has been discontinued. Therefore, other anesthetic agents that can be used without a license and do not involve complicated procedures are required.

Recently, a combination anesthetic consisting of 0.3 mg/kg medetomidine, 4 mg/kg midazolam and 5 mg/kg butorphanol (MMB) has been used widely in Japan<sup>9)</sup>. However, the effects of MMB on the cardiovascular system have not been investigated in detail<sup>9)</sup>.

In the present study, we examined the effects of MMB on the mouse cardiovascular system. We evaluated hemodynamic parameters in mice using either intraperitoneal (i.p.) anesthesia (MMB or pentobarbital) or isoflurane inhalation anesthesia. We also assessed the effects of a novel modified form of MMB (MMBmod) on ECG output. The data obtained in this study could provide a basis for anesthetic regimens in future pharmacological studies.

#### **Materials and Methods**

This study was performed in accordance with the institutional guidelines of Hirosaki University and was approved by the Animal Care and Use Committee (protocol number M13040). Eightweek-old C57BL6 mice (Japan SLC Inc., Japan) with a mean weight of  $32 \pm 3$  g were used. The animals were housed under standard laboratory conditions.

The following anesthetics were evaluated: medetomidine hydrochloride (Domitor<sup>®</sup>, Meiji Seika Pharma Co., Ltd., Tokyo, Japan), which is an  $\alpha_2$  adrenoceptor agonist; midazolam (Dormicum<sup>®</sup>, Astellas Pharma Inc., Tokyo, Japan), which is a benzodiazepine derivative; and butorphanol (Vetorphale<sup>®</sup>, Meiji Seika Pharma Co., Ltd.).

## **General Anesthesia**

In the inhalation group, anesthesia was induced by placing the mice in an anesthesia induction chamber  $(15 \times 15 \times 7 \text{ cm})$  containing 2% isoflurane (Forane<sup>®</sup>; Abbott Japan Co., Ltd., Japan) and room air. Anesthesia was subsequently maintained for 30 min (anesthetic maintenance state) using 2% isoflurane inhalation anesthesia. For pentobarbital anesthesia, the C57BL6 mice were anesthetized intraperitoneally with 50 mg/kg sodium pentobarbital (Nembutal<sup>®</sup>; Dainippon-Sumitomo Seiyaku Co., Ltd., Japan). In the preliminary experiment, 50 mg/kg pentobarbital was determined as the dose at which the righting reflex disappeared after  $\geq$  30 min. Therefore, we used this dosage for pentobarbital anesthesia. MMB was introduced by i.p. injection of 0.3 mg/kg medetomidine hydrochloride, 4 mg/kg midazolam and 5 mg/kg butorphanol, a combination first used by Kawai et al<sup>9)</sup>.

The behavioral endpoint of loss of the righting reflex (LORR) was used to investigate the hypnotic properties of intravenous anesthetics in mice. All experiments were conducted between 1:00 and 4:00 p.m.

## **Evaluating Heart Rate**

The ECG recording, heart rate (HR), R-R interval, QRS duration, and PQ, and QT times were measured simultaneously (ML846 Power Lab system, AD Instruments, Dunedin, New Zealand). HR variability (HRV) is considered an indicator of cardiac vagal control<sup>10, 11)</sup>. The HRV power spectrum comprises three components: very low frequency (VLF), low frequency (LF) and high frequency (HF). The authors set the range for the respective spectral components as follows according to the manufacturer's protocol: VLF < 0.15 Hz, 0.15< LF < 1.5 Hz, and 1.5< HF < 5 Hz. Generally, the LF component reflects

sympathetic/parasympathetic tone, whereas the HF component reflects parasympathetic tone. For pharmacological analysis, mice were administered with propranolol (0.8 mg/kg) for sympathetic blockade.

### **Statistical Analysis**

Results are expressed as means  $\pm$  *SE*. The data were analyzed using *post hoc* mean comparisons via the Newman-Keuls multiplerange test. Group differences were determined using analysis of variance (ANOVA) followed by Dunnett's test. A *p* value < 0.05 was taken to indicate statistical significance.

#### Results

Figure 1A depicts representative ECG traces. Using isoflurane or pentobarbital anesthesia, the HR was in an acceptable range (ca. 450-500 bpm) compared with our former study using non-anesthetized mice<sup>12)</sup>. Intraperitoneal injection of propranolol (0.8 mg/kg) significantly extended R-R intervals in both groups (right panel).

Peritoneal injection of the original MMB formulation resulted in a very low HR, i.e., < 200 bpm, possibly due to the agonistic effects of medetomidine hydrochloride on the adrenergic  $\alpha_2$  receptor. MMB also occasionally led to occasional absent heartbeats (arrow). When an absent heart beat was observed, the experiments were terminated. Furthermore, the mice exhibited no response to propranolol, indicating marginal tonus of the autonomic nerve regulation system.

Because MMB was associated with a very low HR (< 200 bpm) and frequent absent heartbeats (arrow), we reduced the dose of medetomidine hydrochloride from 0.3 to 0.1 mg/kg without changing doses of the other drugs. This new combination was referred to as MMBmod and used in subsequent analyses. Following i.p. injection of MMBmod, ECG recordings revealed an acceptable HR of approximately 400 bpm (MMBmod; Figure 1A). In addition, the mice were reasonably responsive to propranolol, suggesting that, when the MMBmod was administered, anesthetized mice still retain the functionality of their autonomic regulation system (right panel).

Average ECG shown in the system (Power Lab system, AD Instruments) revealed that P, Q, R, S, and T waves were conserved (Figure 1B). There were no significant differences in any parameters, such as PQ time or QTc time, with each basal anesthesia administration (data not shown).

Relatively high HRs were observed with 2% isoflurane inhalation (468 ± 9.3 bpm, n = 16). Pentobarbital (50 mg/kg) injection resulted in similar HRs (498 ± 19.0 bpm, n = 15; Figure 1C). MMB was associated with low HRs (231 ± 15.9 bpm, n = 8), as was MMBmod (315 ± 32.0 bpm, n = 10; Figure 1C).

Propranolol injection (0.8 mg/kg) resulted in decreased HR during isoflurane and pentobarbital anesthesia, but little response was observed during MMB anesthesia (Fig. 1C right panel). On the other hand, MMBmod showed limited but significant response to propranolol, (p<0.05).

The HR response types were then analyzed further. Figure 2A depicts representative Poincaré plots for each type of anesthesia. At baseline, Poincaré plots denote stable R-R interval changes with isoflurane anesthesia, while pentobarbital anesthesia apparently increased the variability of R-R intervals. MMB injection also resulted in a significant increase in R-R interval variability. MMBmod was associated with reduced R-R intervals, compared with MMB; unstable R-R intervals were reflected by the scattered dots in the Poincaré plot.

Power spectral analysis (corresponding to

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- Figure 1 A)Representative tracing of ECG during isoflurane (2%), pentobarbital (50 mg/kg), original MMB and modified MMB administration.
  - B)Representative tracing of the "average view" of ECG in free-moving control mice (negative control) and ECG during isoflurane (2%), pentobarbital (50 mg/kg), original MMB and modified MMB administration.
  - C)Statistical analysis of heart rates associated with the different anesthetic agents. Anesthesia regimens include gaseous isoflurane (Iso; open bar), pentobarbital (Pent; closed bar), original MMB (MMB; dotted bar) and modified MMB (MMBmod; hatched bar). Original MMB was characterized by a significantly decreased heart rate compared with isoflurane or pentobarbital. The effects of the  $\beta$ -blocker propranolol (0.8 mg/kg) are denoted in the right panel. \*p < 0.05; difference between isoflurane and other anesthetic agents. \*p < 0.05, difference between pentobarbital and other anesthetic agents.

the arrow in Figure 2B) revealed increased LF with pentobarbital anesthesia (15.1 ± 5.6%, n = 15, p<0.05) compared with isoflurane (6.6 ± 0.9%, n = 16). The increased LF resulted in an increased LF/HF ratio (1.76 ± 0.17%, n = 15, p<0.05, Figure 2C, closed bar) compared with isoflurane (0.74 ± 0.11%, n = 16, Figure 2C, open bar). An increased LF and LF/HF ratio with pentobarbital anesthesia suggest modified sympathetic tonus.

However, MMB anesthesia resulted in lower LF/HF ratios (0.32  $\pm$  0.10%, n = 8, p<0.05, dotted bar). MMBmod resulted in a relatively lower LF/HF ratio (0.46  $\pm$  0.07%, n = 8, shaded bar), but no significant difference was detected in the LF/HF ratio with isoflurane anesthesia (p > 0.05), suggesting a relatively conserved sympathetic tonus.



- Figure 2 A)Representative Poincaré plots of ECG following isoflurane, pentobarbital, original MMB and modified MMB administration. Isoflurane anesthesia was associated with highly conserved R-R intervals, compared with the unstable intervals associated with pentobarbital and MMB. B)Representative power spectral analysis using isoflurane, pentobarbital, original MMB and
  - modified MMB anesthesia. The arrow in the pentobarbital panel indicates an increased low frequency (LF) component during pentobarbital anesthesia.
  - C)Statistical analysis of the power spectrum. Frequency domain measures of basal heart rate changes. Comparison of the LF/HF ratio among isoflurane (open bar, n = 15), pentobarbital (closed bar, n = 16), original MMB (dotted bar, n = 15) and modified MMB (hatched bar, n = 16) in anesthetized mice. Error bars indicate the SEM.

Statistical significance: \*p < 0.05; difference between isoflurane and the other anesthetic agents. \*p < 0.05; difference between pentobarbital and the other anesthetic agents.

#### Discussion

We compared the electrophysiological effects of a combination anesthetic agent (MMB, comprising 0.3 mg/kg medetomidine (an  $\alpha_2$  agonist), 4 mg/kg midazolam, and 5 mg/kg butorphanol) with those of isoflurane and pentobarbital anesthesia. MMB anesthesia was associated with low HR, occasionally absent heartbeats, and a marginal

response to propranolol. MMBmod, with low medetomidine, was associated with decreased HR and a diminished response to propranolol. The original MMB anesthesia resulted in a decreased LF/HF ratio and minimal response to propranolol, indicating decreased sympathetic tonus. However, isoflurane anesthesia was associated with a high stable HR. Pentobarbital anesthesia was also associated with a slower HR and with less stable R-R intervals, as per isoflurane. Considering the physiological heart rate (ca. 500 bpm without anesthesia) and pharmacological response to propranolol (ca. 80 bpm reduction in heart rate without anesthesia<sup>13)</sup>), the data obtained for isoflurane anesthesia were sufficient for interpretation of the results of pharmacological manipulation using an adrenergic  $\beta$ -blocker (propranolol).

In the present study, we focused on the use of MMB in ECG analyses. MMB has been used in a number of animal experiments, instead of pentobarbital. Our novel MMBmod, with lowdose medetomidine, was associated with a comparable HR and a diminished pharmacological response to an adrenergic  $\beta$ -blocker, effects which were clearly due to the  $\alpha_2$  agonistic action of medetomidine. Nevertheless, MMBmod might be more suited for cardiovascular analyses.

Recently, transgenic mice have been used to evaluate the physiological importance of single genes in human disease models. Data resulting from such models could be useful for the development of novel drugs. Anesthesia is required frequently in experimental interventions and phenotypic evaluations using transgenic mice. However, in such experiments, accidents including death and unexpected hypotension occur often. A wide range of anesthetic regimens have been employed according to strain differences, previous experience, and institutional regulations<sup>14)</sup>. Janssen et al. reported that isoflurane has less effect on systemic hemodynamic factors, compared with pentobarbital anesthetics, in mice<sup>6)</sup>. Szczesny et al. also reported that isoflurane anesthesia is useful in mouse models, because it is easy to administer, rapidly induces anesthesia, and allows for fine controlling of the depth of anesthesia<sup>15)</sup>. In contrast, inhalation anesthesia requires a specialized apparatus. Therefore, inhalation anesthesia in mice has been performed only in a limited number of laboratories.

In this study, we analyzed ECG recordings

during anesthesia induced by various methods. Our results demonstrated that the electrophysiological state (HR) was more stable during isoflurane anesthesia compared with pentobarbital or MMB anesthesia. It is important to be aware that the depth of anesthesia can also affect factors such as plasma catecholamine levels. Our results demonstrate the importance of selecting an appropriate form of anesthesia and a suitable dosage.

Appleton et al., reported that the anesthetic mixture of ketamine, xylazine, and acepromazine had a more marked effect on cardiac electrophysiological factors compared with pentobarbital or isoflurane<sup>16)</sup>. In the present study, we investigated the difference between MMB and other anesthetic agents, i.e., sodium pentobarbital and inhalation anesthesia (isoflurane). Isoflurane anesthesia clearly conferred several advantages, including a stable HR and good response to the  $\beta$ -blocker propranolol.

Following i.p. injection of original MMB, the HR in mice decreased to  $231 \pm 16$  bpm (a reduction of 28%); MMBmod anesthesia produced a comparable HR ( $315 \pm 27$  bpm). Fifty mg/kg of i.p. pentobarbital increased HR variability, as illustrated in the corresponding Poincaré plot (Figure 2B). Similarly, i.p. injection of original MMB or MMBmod increased HR variability (Figure 2). Nevertheless, isoflurane anesthesia was associated with an acceptable HR variability, suggesting that this agent is appropriate for the evaluation of cardiovascular parameters.

In summary, original MMB anesthesia decreased HR and responded minimally to propranolol (an adrenergic  $\beta$ -blocker). MMBmod, with low-dose medetomidine (an  $\alpha_2$  agonist), was characterized by a diminished response to propranolol. Inhalation (isoflurane) anesthesia was associated with a desirable HR and good response to propranolol. The present results underline the importance of selecting an anesthesia methodology suited to the specific purpose of pharmacological experiments.

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