




# Impact of polymorphisms of pharmacokinetics-related genes and the inflammatory response on the metabolism of voriconazole

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## Abstract

The effects of inflammatory responses and polymorphisms of the genes encoding cytochrome P450 (CYP) (*CYP2C19* and *CYP3A5*), flavin-containing monooxygenase 3 (*FMO3*), pregnane X receptor (*NR1I2*), constitutive androstane receptor (*NR1I3*), and CYP oxidoreductase (*POR*) on the ratio of voriconazole (VRCZ) *N*-oxide to VRCZ (VNO/VRCZ) and steady-state trough concentrations ( $C_{0h}$ ) of VRCZ were investigated. A total of 56 blood samples were collected from 36 Japanese patients. Results of multiple linear regression analyses demonstrated that the presence of the extensive metabolizer *CYP2C19* genotype, the dose per administration, and the presence of the *NR1I2* rs3814057 C/C genotype were independent factors influencing the VNO/VRCZ ratio in patients with CRP levels of less than 40 mg/L (standardized regression coefficients (SRC) = 0.448, -0.301, and 0.390, respectively; all  $p < .05$ ). With regard to the concentration of VRCZ itself, in addition to the above factors, the presence of the *NR1I2* rs7643645 G/G and rs3814055 T/T genotypes were found to be independent factors influencing the VRCZ  $C_{0h}$  in these patients (SRC = -0.430, 0.424, -0.326, 0.406 and -0.455, respectively; all  $p < .05$ ). On the contrary, in patients with CRP levels of at least 40 mg/L, no independent factors were found to affect VNO/VRCZ and VRCZ  $C_{0h}$ . Inflammatory responses, and *CYP2C19* and *NR1I2* polymorphisms may be useful information for the individualization of VRCZ dosages.

## KEYWORDS

CRP, *CYP2C19*, *NR1I2* polymorphism, voriconazole, voriconazole *N*-oxide

## 1 | INTRODUCTION

Voriconazole (VRCZ) is widely used for the treatment and prophylaxis of a variety of invasive fungal diseases.<sup>1,2</sup> Complicating the use

of this commonly used drug is the fact that it exhibits non-linear pharmacokinetics with wide inter- and intra-individual variability. The resulting low and high steady-state trough concentrations ( $C_{0h}$ ) (< 1 µg/mL and > 4 to 6 µg/mL) are associated with treatment failure

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and serious adverse effects such as neurotoxicity and hepatotoxicity.<sup>3-5</sup> Therefore, therapeutic drug monitoring (TDM) has been suggested as a strategy to optimize both the efficacy and safety of VRCZ.<sup>6-8</sup>

VRCZ is metabolized predominantly by cytochrome P450 (CYP) 2C19.<sup>3</sup> CYP2C19 is primarily responsible for the conversion of VRCZ into its major inactive metabolite, VRCZ *N*-oxide (VNO), which accounts for about 72% of plasma metabolites.<sup>9,10</sup> The genotype at the CYP2C19 locus does contribute to the variation observed in VRCZ pharmacokinetics and potentially could be used to guide initial dose selections.<sup>11,12</sup> The variant alleles CYP2C19\*2 and CYP2C19\*3 are associated with decreased activity and thus higher  $C_{0h}$ , while CYP2C19\*17 is associated with increased activity.<sup>13</sup> On the basis of the ability to metabolize CYP2C19 substrates, an individual can be classified as an ultra-rapid metabolizer (UM; e.g., with genotype \*1/\*17 or \*17/\*17), extensive metabolizer (EM; \*1/\*1), intermediate metabolizer (IM; \*1/\*2 or \*1/\*3), or poor metabolizer (PM; \*2/\*2, \*2/\*3, or \*3/\*3). The distribution of CYP2C19 polymorphisms varies among ethnic groups; approximately 20% of people in East Asian populations are classified as PM, which is higher than that in European Caucasian and African populations (less than 5%).<sup>13</sup> Dosing recommendations for VRCZ based on CYP2C19 metabolizer type have been developed and are available from the Clinical Pharmacogenetics Implementation Consortium.<sup>14</sup>

It has been estimated that approximately 70 to 75% of total VRCZ metabolism is mediated through CYP enzymes and that 20 to 30% of this metabolism is through CYP3A4.<sup>3,10,11</sup> However, proteins other than CYP must also be considered when investigating the pharmacokinetics of VRCZ. Most notably, it has been estimated that approximately 25 to 30% of total VRCZ metabolism is mediated through enzymes of the flavin-containing monooxygenase (FMO) family.<sup>15</sup> Therefore, genetic heterogeneity in these genes may influence interindividual variability of VRCZ  $C_{0h}$ .<sup>16,17</sup>

Three other genes that potentially impact VRCZ metabolism are *POR*, *NR1I2*, and *NR1I3*. *POR* encodes CYP oxidoreductase, which increases the turnover of CYP substrates by providing electrons to the CYP enzyme to activate its reductive activity.<sup>18</sup> *NR1I2* and *NR1I3* both encode nuclear receptors that lead to the induction of expression of multiple genes that encode metabolic enzymes, including CYP.<sup>19</sup> Specifically, *NR1I2* encodes the pregnane X receptor (PXR), and *NR1I3* encodes the constitutive androstane receptor (CAR).

A possible insight into the prediction of variations of VRCZ pharmacokinetics has come with recent studies that have reported positive correlations between C-reactive protein (CRP) levels and VRCZ  $C_{0h}$ ,<sup>20-28</sup> which suggests a connection between VRCZ metabolism and inflammatory responses. However, how inflammatory status modulates the impact of polymorphisms of other pharmacokinetics-related genes, such as *NR1I2*, *NR1I3*, *POR*, and *FMO3*, which may affect a metabolic pathway from VRCZ to VNO, remains unknown.

The purpose of this study, therefore, was to analyze the effect of CYP2C19 polymorphisms combined with the inflammatory status on

the VRCZ metabolic ratio (VNO/VRCZ). In addition, as several single nucleotide polymorphisms (SNPs) of *CYP3A5*, *FMO3*, *NR1I2*, *NR1I3*, and *POR* have been associated with high expression of these genes in the Japanese population, contributions of these sites to VNO/VRCZ and VRCZ  $C_{0h}$  were also investigated.

## 2 | MATERIALS AND METHODS

### 2.1 | Ethics

This study was carried out at a single institution. The study was conducted in accordance with the Declaration of Helsinki, and the protocol was approved by the Ethics Committee of Hirosaki University Graduate School of Medicine (project identification code: 2019-1021, 2019-1140). Informed consent was obtained from all patients enrolled in this study.

### 2.2 | Patients and sample collection

Japanese patients receiving VRCZ (Vfend<sup>®</sup>, Pfizer Japan Inc.) therapy for prophylaxis or treatment of fungal infection and who were subjected to TDM testing at Hirosaki University Hospital from January 2018 to July 2021 were enrolled in this study. TDM data of patients taking VRCZ were collected retrospectively. Patients were excluded if they (a) were aged less than 18 years; (b) were receiving dialysis; (c) did not undergo genotyping; (d) were taking drugs known to affect VRCZ pharmacokinetics.<sup>29</sup> Although some patients were taking proton pump inhibitors (PPIs), they were included in this analysis because of the weak effect of PPIs on VRCZ pharmacokinetics.<sup>30</sup>

Multiple blood levels of VRCZ from the same patient were utilized in the analyses when the following patients' status changed during treatment: (a) inflammatory status (CRP  $\geq$  40 mg/L or  $<$  40 mg/L); (b) route of administration of VRCZ (intravenous or oral); (c) dose of VRCZ per time. Each patient received 100 to 300 mg of VRCZ twice daily at 10:00 and 22:00 for at least 3 days. VRCZ was administered between meals to patients who were eligible for oral administration. Initial oral or intravenous doses were determined according to the physician's clinical judgment. The target  $C_{0h}$  of VRCZ was 1 to 5  $\mu$ g/mL.<sup>5</sup> Demographic data, including age, sex, body weight, and liver and renal function tests, were collected. For age and body weight, the values at the initiation of VRCZ therapy were considered. For laboratory values, such as CRP, the values on the day TDM of VRCZ was carried out were considered.

Blood samples within 50 days after initiation of VRCZ therapy were collected in disodium EDTA tubes. These samples were collected just prior to the subsequent dosage when the plasma concentration would be at a steady state. After dose adjustment, a 3-day period was considered necessary to obtain a VRCZ  $C_{0h}$  steady state.<sup>31</sup> The VNO/VRCZ was calculated using  $C_{0h}$  values of the two compounds.

## 2.3 | Methods of analysis of plasma concentrations

Blood samples were centrifuged at 3500 rpm for 10 min at 4°C, and separated plasma was stored at -30°C until analysis. Plasma concentrations of VRCZ and VNO were measured by ultra-performance liquid chromatography (UPLC) tandem mass spectrometry using an ACQUITY UPLC System (Waters, MA, USA). Plasma (100 µL) was mixed with 150 µL of acetonitrile and 10 µL of 10 µg/mL VRCZ-d3 as an internal standard. The mixture was vortexed for 30 s and centrifuged at 13500 rpm for 5 min at room temperature. A fraction of the supernatant (100 µL) was diluted with 200 µL MilliQ water (total volume: 300 µL). The sample was transferred to an autosampler vial, and 2 µL was injected into an ACQUITY UPLC HSS C18 column (1.8 µm, 2.1 mm × 100 mm) at 40°C. The mobile phase consisted of MilliQ water with 0.1% formic acid (A) and acetonitrile with 0.1% formic acid (B) at a flow rate of 0.4 mL/min. Gradient conditions were as follows: constant 5% B from 0 to 1.0 min; linear increase from 5% to 95% from 1.0–6.0 min; constant 95% B from 6.0 to 7.0 min; linear decrease from 95% to 5% B from 7.0 to 7.1 min; and constant 5% B from 7.1 to 10.0 min.

The analyte and internal standard were ionized and detected using a Xevo TQD (Waters). Positive electrospray ionization was performed in the multiple reaction monitoring mode. Ion transitions (in *m/z*) of VRCZ, VNO, and internal standard were 350.2 to 281.1, 366.0 to 224.0, and 352.9 to 283.8, respectively. The cone voltage and collision energies were 30 V and 30 eV for VRCZ, 30V and 15 eV for VNO, and 30V and 20 eV for the internal standard. The calibration curve was linear in the range of 0.25 to 10 µg/mL. The calibration curve showed good linearity, with  $R^2 > 0.99$ . The intra- and inter-day accuracy values, expressed as percent CV, were all within ± 15%, and precision values (as percent CV) were all less than 15% in each calibration curve.

## 2.4 | Genotyping

DNA was extracted from peripheral blood samples with a QIAamp Blood Kit (Qiagen, Hilden, Germany) and was stored at -30°C until analysis. The following genotypes were determined by real-time PCR using TaqMan SNP Genotyping Assays from Thermo Fisher Scientific (Waltham, MA, USA): *CYP3A5*\*3 (rs776746, c.6986A>G), *CYP2C19*\*2 (rs4244285, c.681G>A), *CYP2C19*\*3 (rs4986893, c.636G>A), *CYP2C19*\*17 (rs12248560, c.-806C>T), *NR1I3* (rs2307424, c.540C>T), *NR1I2* (rs3814057, A>C), *NR1I2* (rs7643645, A>G), *NR1I2* (rs2472677, C>T), *NR1I2* (rs3814055, C>T), *POR*\*28 (rs1057868, G>A), *FMO3* (rs2266780, A>G), and *FMO3* (rs2266782, G>A). Cycle conditions were as follows: initial hold at 50°C for 2 min and hold at 95°C for 10 min, followed by 40 cycles of 95°C for 15 s and 60°C for 30 s. Genotypes were detected using a CFX-Connect Real-Time PCR system (Bio-Rad Laboratories Inc., Hercules, CA, USA).

## 2.5 | Statistical analysis

The Shapiro-Wilk test was used to assess distribution. Descriptive statistics of continuous variables are presented as mean ± standard deviation (SD), minimum and maximum, or median (interquartile range). Allele frequencies of polymorphisms were evaluated according to the Hardy-Weinberg equilibrium using  $\chi^2$  tests. The Kruskal-Wallis test or Mann-Whitney U test was used to determine differences in continuous values between groups. The Spearman's rank correlation coefficient test was used to assess correlations in continuous values between groups, and these results were expressed as Spearman's  $\rho$  values. Analysis of variance was performed to evaluate the relationships between *CYP2C19* genotypes and CRP in their influence on VNO/VRCZ. Multiple linear regression analyses in which *CYP2C19* genotypes and CRP were forced entries were performed to identify the factors that influence the VNO/VRCZ ratio and VRCZ  $C_{oh}$  from all factors in a univariate analysis. Among all possible regression models, a multiple regression equation was adopted in which significant differences were found in all of the explanatory variables and a coefficient of determination ( $R^2$ ) was the highest. Each genotype was replaced with dummy variables (1 and 0, 0 and 1, and 0 and 0, respectively). The results with *p*-values of less than .05 were considered statistically significant. Statistical analyses were performed with SPSS 27.0 for Windows (SPSS IBM Japan Inc., Tokyo, Japan).

## 3 | RESULTS

The demographic and clinical information of the patients at the time of the TDM are listed in Table 1. A total of 56 blood samples from 36 patients, ranging from 1 to 3 samples per patient, were obtained. Blood samples for TDM of VRCZ were collected between 4 and 50 days after the start of administration. According to the exclusion criteria, patients taking erythromycin (*n* = 2) or clarithromycin (*n* = 2) were excluded from the study because these drugs have been demonstrated to affect VRCZ pharmacokinetics.<sup>29</sup> None of the patients in this study had severe liver dysfunction, as defined by a Child-Pugh score of B or C. Thirty patients were taking PPIs; 24 of these patients were taking lansoprazole.

All of the SNPs (*CYP2C19*; *CYP3A5*; *NR1I3* rs2307424; *NR1I2* rs3814057, rs7643645, rs2472677, and rs3814055; *POR* rs1057868; and *FMO3* rs2266780, rs2266782) were in Hardy-Weinberg equilibrium (*p* = .994, .801, .876, .628, .969, .341, .251, .994, .417, and .417, respectively). None of the patients had the *CYP2C9*\*17 allele. There was complete linkage between the polymorphisms leading to the E158K and E308G mutations in *FMO3*.

No normality was found in the distributions of the VNO/VRCZ ratio and VRCZ  $C_{oh}$  (Figure 1). VRCZ  $C_{oh}$  values outside the therapeutic range ( $C_{oh} < 1.0$  µg/mL, *n* = 9, and  $C_{oh} > 5.0$  µg/mL, *n* = 12) accounted for 37.5% of the total. As shown in Figure 2, there was a significant correlation between VNO/VRCZ ratios and levels of CRP ( $\rho = -0.404$ , *p* = .002). Accordingly, there were significant differences

TABLE 1 Patient demographic and clinical characteristics

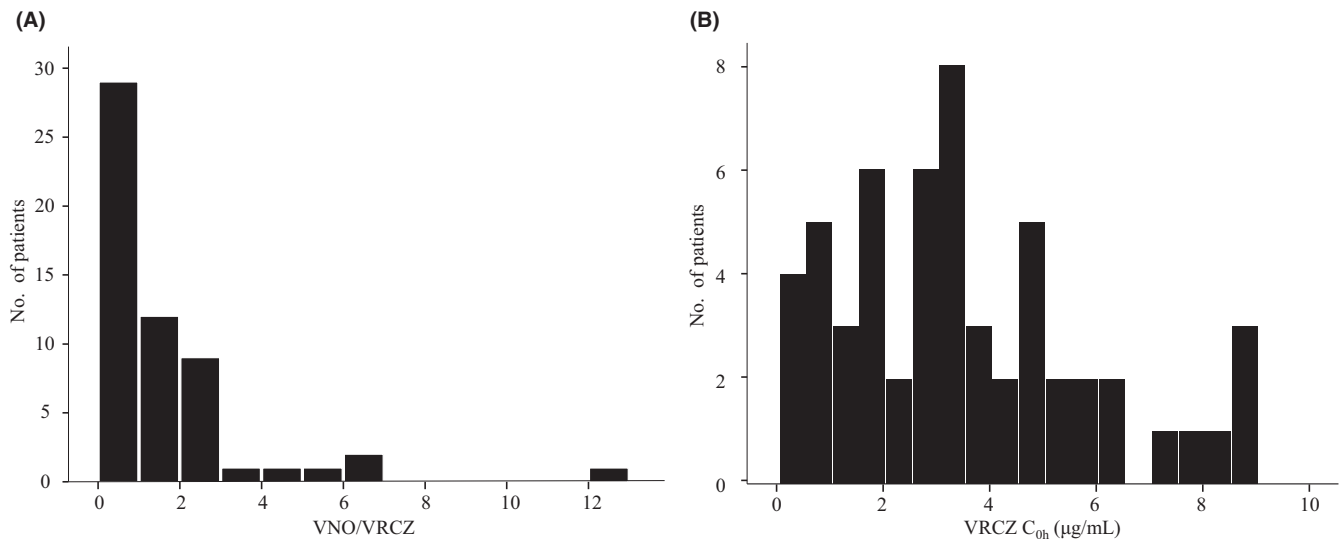
Parameter	Mean ± SD	Range
Age (yr)	67.2 ± 14.1	19–96
Body weight (kg)	55.9 ± 14.3	37.5–103.8
Laboratory values		
AST (U/L)	39.2 ± 38.3	9–204
ALT (U/L)	31.4 ± 39.1	6–240
T-Bil (mg/L)	6.2 ± 7.1	2–40
eCCr (mL/min)	76.9 ± 39.2	14.1–157.0
	<b>Median</b>	<b>Interquartile range</b>
CRP (mg/L)	11.0	1.1–76.6
		<b>n</b>
Route of administration		
Intravenous:Oral		24:32
Sex		
Male:Female		29:27
PPI coadministration		
Yes:No		30:26
OPZ:EPZ:LPZ:RPZ		1:2:24:3
Genotypes		
CYP2C19		
*1/*1:*1/*2:*1/*3:*2/*2:*2/*3:*3/*3		15:17:7:8:2
CYP3A5		
*1/*1:*1/*3:*3/*3		4:20:32
NR1I3 rs2307424 C>T		
C/C:C/T:T/T		8:27:21
NR1I2 rs3814057 A>C		
A/A:A/C:C/C		18:23:15
NR1I2 rs7643645 A>G		
A/A:A/G:G/G		22:25:9
NR1I2 rs2472677 C>T		
C/C:C/T:T/T		4:32:20
NR1I2 rs3814055 C>T		
C/C:C/T:T/T		23:30:3
POR rs1057868 C>T		
C/C:C/T:T/T		20:25:11
FMO3 rs2266780 A>G (rs2266782 G>A)		
A/A:A/G (G/G:G/A)		35:21

Abbreviations: ALT, alanine aminotransferase; AST, aspartate aminotransferase; CRP, C-reactive protein; eCCr, estimated creatinine clearance; EPZ, esomeprazole; LPZ, lansoprazole; OPZ, omeprazole; PPI, proton pump inhibitor; RPZ, rabeprazole; T-Bil, total bilirubin.

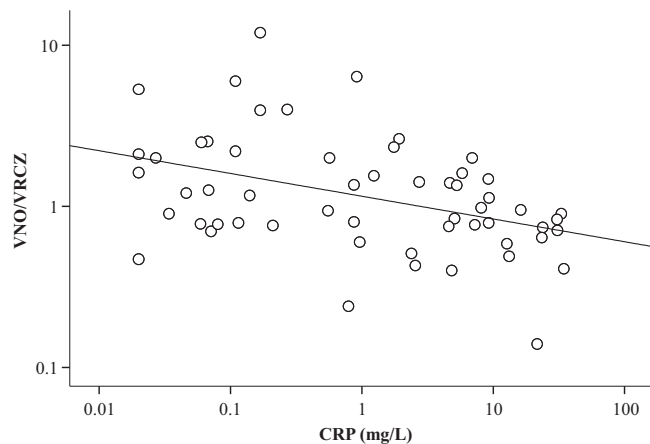
$eCCr = [(140 - \text{age}) \times \text{body weight (kg)}] / [72 \times \text{serum creatinine (mg/dL)}] (\times 1.0 \text{ for male or } \times 0.85 \text{ for female})$

in median VNO/VRCZ ratios between patients with CRP levels of less than 40 mg/L and patients with CRP levels of at least 40 mg/L (1.39 vs. 0.81,  $p = .007$ ) (Table 2). Differences in median VNO/VRCZ ratios were not significant among CYP2C19 genotype groups (CYP2C19 EM:IM:PM ratios = 1.55:0.95:0.80,  $p = .191$ ) (Table 2).

Analysis of variance showed that CYP2C19 EM and CRP levels less than 40 mg/L were independent factors influencing the VNO/VRCZ ratio (both  $p < .01$ ) and that there was an interaction between them ( $p < .05$ ). The median ratios of the VNO/VRCZ in patients with CRP levels less than 40 mg/L were different between CYP2C19 EM



**FIGURE 1** Histograms of (A) VNO/VRCZ and (B) VRCZ  $C_{0h}$ . VRCZ, voriconazole; VNO/VRCZ, ratio of VRCZ *N*-oxide of VRCZ;  $C_{0h}$ , steady-state trough concentrations of VRCZ



**FIGURE 2** Relationships of VNO/VRCZ to inflammation status. The concentrations of voriconazole (VRCZ), VRCZ *N*-oxide (VNO), and C-reactive protein (CRP) in patient blood plasma were determined as described in Materials and Methods

patients and other *CYP2C19* genotype groups (IM and PM) (3.95 vs. 1.17,  $p = .008$ ), but the median ratios in patients with CRP levels of at least 40 mg/L were not significantly different between those genotypes (0.95 vs. 0.81,  $p = .815$ ) (Figure 3). On the other hand, the median ratios of the VNO/VRCZ in patients with the *CYP2C19* EM genotype were different between patients with CRP levels of less than 40 mg/L and those with CRP levels of at least 40 mg/L ( $p = .006$ ), but the same comparison in patients with *CYP2C19* IM and PM genotypes did not indicate a significant difference ( $p = .121$ ) (Figure 3).

The median of the VRCZ dose-adjusted  $C_{0h}$  ( $C_{0h}/D$ ) in patients with CRP levels less than 40 mg/L was different between patients with *CYP2C19* EM genotypes and those with *CYP2C19* IM and PM genotypes (8.0 vs. 18.7,  $p = .027$ ), but this median in patients with CRP levels of at least 40 mg/L was not different between those genotypes (20.3 vs. 25.8,  $p = .441$ ) (Figure 4). On the other hand, the

median of the VRCZ  $C_{0h}/D$  in patients with the *CYP2C19* EM genotype was different between patients with CRP levels of less than 40 mg/L and those with CRP levels of at least 40 mg/L ( $p = .004$ ), but this median in patients with *CYP2C19* IM and PM genotypes was not significantly different ( $p = .214$ ) (Figure 4).

Tables 2 and 3 show the influence of biological and clinical data on VNO/VRCZ and VRCZ  $C_{0h}$ . Results of multiple linear regression analyses demonstrated that the presence of the *CYP2C19* EM genotype, the dose per administration, and the presence of the *NR1I2* rs3814057 C/C genotype were independent factors influencing the VNO/VRCZ ratio in patients with CRP levels of less than 40 mg/L (SRC = 0.448, -0.301, and 0.390, respectively; all  $p < .05$ ). The final model explained 45.5% of the variability in VNO/VRCZ. With regard to the concentration of VRCZ itself, in addition to the above factors, the presence of the *NR1I2* rs7643645 G/G and rs3814055 T/T genotypes were found to be independent factors influencing the VRCZ  $C_{0h}$  in these patients (SRC = -0.430, 0.424, -0.326, 0.406, and -0.455, respectively; all  $p < .05$ ). The final model explained 54.5% of the variability in VRCZ  $C_{0h}$ . On the contrary, in patients with CRP levels of at least 40 mg/L, no independent factors were found to affect VNO/VRCZ and VRCZ  $C_{0h}$ .

## 4 | DISCUSSION

The results presented above suggest that the effects of *CYP2C19* polymorphisms on the VNO/VRCZ ratio may be modulated by the severity of inflammation reactions. Previous *in vitro* studies have demonstrated that proinflammatory cytokines, such as IL-6, down-regulate the expression of *CYP2C19* and *CYP3A4*.<sup>32,33</sup> Therefore, in patients experiencing inflammation, decreased levels of these CYP enzymes might cause an increase in VRCZ  $C_{0h}$ . Accordingly, Vreugdenhil et al. reported that VRCZ  $C_{0h}$  correlates with IL-6, IL-8, and CRP levels.<sup>22</sup> In addition, in a report by Gautier et al., both

**TABLE 2** Comparisons of VNO/VRCZ and VRCZ  $C_{0h}$  upon plasma concentration monitoring after VRCZ administration relative to patient demographic and clinical characteristics

	VNO/VRCZ			VRCZ $C_{0h}$ ( $\mu\text{g/mL}$ )		
	Median	(Interquartile range)	<i>p</i> -value	Median	(Interquartile range)	<i>p</i> -value
Sex			.020			.005
Female	1.35	(0.80–2.57)		2.9	(1.2–3.6)	
Male	0.80	(0.60–1.42)		4.1	(2.8–3.6)	
Route of administration			.043			.403
Intravenous	0.80	(0.72–1.28)		3.3	(2.5–5.2)	
Oral	1.39	(0.79–2.15)		3.2	(1.5–4.4)	
PPI coadministration			.761			.297
Yes	1.06	(0.74–2.00)		3.1	(1.7–4.1)	
No	0.92	(0.75–2.00)		3.4	(1.9–5.8)	
CRP			.007			.104
<40 mg/L	1.39	(0.78–2.50)		2.9	(0.9–4.6)	
$\geq$ 40 mg/L	0.81	(0.64–1.13)		3.4	(2.9–4.9)	
CYP2C19 genotypes			.191			.434
*1/*1	1.55	(0.95–2.98)		2.8	(1.7–3.6)	
*1/*2 + *1/*3	0.95	(0.77–1.81)		3.4	(1.8–5.6)	
*2/*2 + *2/*3 + *3/*3	0.80	(0.60–1.26)		3.2	(2.5–5.0)	
CYP3A5 genotypes			.576			.421
*1/*1	1.54	(0.99–1.80)		4.0	(3.1–6.7)	
*1/*3	1.04	(0.76–2.35)		3.0	(1.1–5.2)	
*3/*3	0.92	(0.70–1.59)		3.3	(1.9–4.6)	
NR1I3 rs2307424 C>T			.617			.644
C/C	0.78	(0.60–3.27)		4.7	(1.7–6.8)	
C/T	0.90	(0.75–1.70)		3.2	(1.6–4.4)	
T/T	1.36	(0.84–1.62)		3.1	(2.5–4.6)	
NR1I2 rs3814057 A>C			.057			.225
A/A	0.80	(0.59–1.62)		3.2	(2.8–5.1)	
A/C	0.95	(0.74–1.52)		3.5	(2.0–4.8)	
C/C	1.40	(1.00–3.24)		2.0	(1.2–3.5)	
NR1I2 rs7643645 A>G			.200			.994
A/A	0.89	(0.64–1.55)		3.2	(2.0–4.6)	
A/G	1.26	(0.84–2.00)		3.3	(1.8–4.6)	
G/G	0.75	(0.49–2.33)		2.9	(2.0–5.1)	
NR1I2 rs2472677 C>T			.594			.839
C/C	2.45	(0.72–7.98)		5.4	(1.2–8.8)	
C/T	1.15	(0.77–1.81)		3.4	(1.6–4.8)	
T/T	0.89	(0.62–1.78)		2.9	(2.0–4.4)	
NR1I2 rs3814055 C>T			.664			.345
C/C	1.26	(0.75–2.35)		3.2	(1.4–5.0)	
C/T	0.97	(0.76–1.42)		3.4	(2.0–4.6)	
T/T	0.80	(0.69–1.57)		2.5	(1.6–2.7)	
POR rs1057868 C>T			.800			.802
C/C	0.95	(0.77–2.35)		3.2	(1.3–5.4)	
C/T	1.35	(0.60–1.62)		2.9	(1.8–4.1)	



TABLE 2 (Continued)

	VNO/VRCZ			VRCZ C <sub>0h</sub> (µg/mL)		
	Median	(Interquartile range)	p-value	Median	(Interquartile range)	p-value
T/T	0.90	(0.78-1.19)		3.6	(2.7-4.6)	
FMO3 rs2266780 A>G (rs2266782 G>A)			.326			.685
A/A (G/G)	1.17	(0.77-1.61)		3.3	(2.0-4.6)	
A/G (G/A)	0.80	(0.49-2.11)		3.0	(1.5-4.9)	
	Correlation coefficient (ρ)	p-value		Correlation coefficient (ρ)	p-value	
Dose per administration (mg)	-0.13	.334		0.33	.014	
Age (yr)	0.28	.039		-0.30	.023	
Body weight (kg)	-0.38	.004		0.31	.017	
Laboratory values						
AST (U/L)	-0.23	.085		0.19	.170	
ALT (U/L)	-0.22	.098		0.27	.043	
T-Bil (mg/L)	-0.20	.183		0.06	.692	
eCCr (mL/min)	-0.33	.014		0.35	.008	

Abbreviations: ALT, alanine aminotransferase; AST, aspartate aminotransferase; CRP, C-reactive protein; eCCr, estimated creatinine clearance; PPI, proton pump inhibitor; T-Bil, total bilirubin.

eCCr = [(140 - age) × body weight (kg)] / [72 × serum creatinine (mg/dL)] (× 1.0 for male or × 0.85 for female).

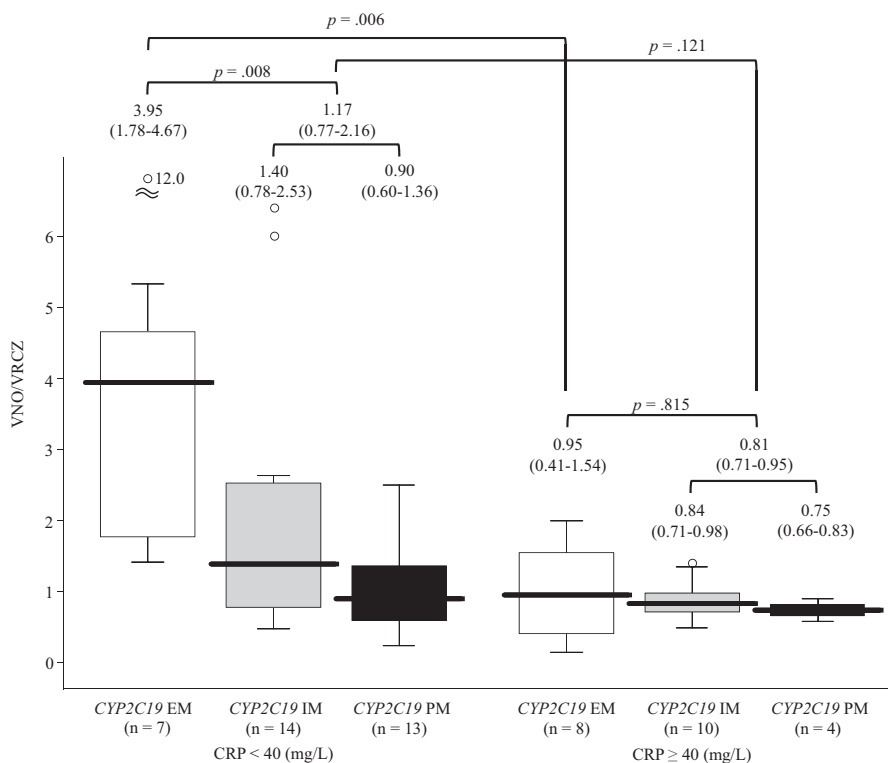
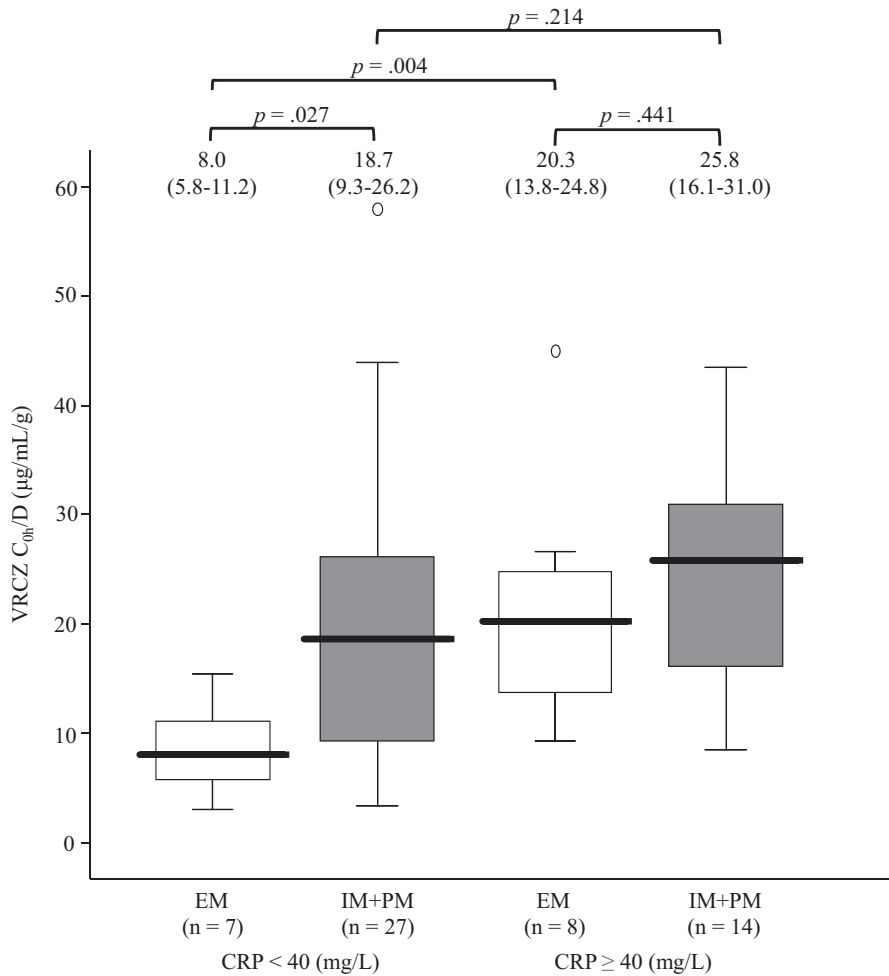


FIGURE 3 Comparison of VNO/VRCZ with respect to differences in inflammatory status and CYP2C19 genotype. The concentrations of voriconazole (VRCZ), VRCZ N-oxide (VNO), and C-reactive protein (CRP) in patient blood plasma were determined as described in Materials and Methods. Patient genotypes are as follows: EM (extensive metabolizer), CYP2C19 \*1/\*1; IM (intermediate metabolizer), CYP2C19 \*1/\*2 or \*1/\*3; PM (poor metabolizer), CYP2C19 \*2/\*2 or \*2/\*3 or \*3/\*3. Box and whisker plots were prepared with SPSS. The box spans data between two quartiles (IQR, interquartile range), with the median represented as a bold horizontal line. The ends of the whiskers (vertical lines) represent the smallest and largest values that were not outliers. Outliers (O) are values between 1.5 and 3 IQRs from the end of the box. The values above the upper limits of the y axis are shown with a scale break line. The values are expressed as median (IQR)



**FIGURE 4** Comparison of  $C_{0h}/D$  with respect to the differences in inflammatory status and CYP2C19 genotype. VRCZ, voriconazole; VNO/VRCZ, ratio of VRCZ N-oxide to VRCZ;  $C_{0h}$ , steady-state trough concentrations of VRCZ;  $C_{0h}/D$ , VRCZ dose-adjusted  $C_{0h}$ ; CRP, C-reactive protein. EM (extensive metabolizer), CYP2C19 \*1/\*1; IM (intermediate metabolizer), CYP2C19 \*1/\*2 or \*1/\*3; PM (poor metabolizer), CYP2C19 \*2/\*2 or \*2/\*3 or \*3/\*3. Graphical analysis was performed using an SPSS box and whiskers plot. The box spans data between two quartiles (IQR, interquartile range), with the median represented as a bold horizontal line. The ends of the whiskers (vertical lines) represent the smallest and largest values that were not outliers. Outliers (O) are values between 1.5 and 3 IQRs from the end of the box. The values above the upper limits of the y axis are shown with a scale break line. The values are expressed as median (IQR)

**TABLE 3** Multiple regression analysis for VNO/VRCZ and VRCZ  $C_{0h}$

Dependent variable	Explanatory variable	Slope	SE	SRC	p-value	R <sup>2</sup>
VNO/VRCZ (patients with CRP levels of less than 40 mg/L, n = 34)						
	CYP2C19 genotype (*1/*1 = 1)	2.554	0.782	0.448	.003	0.455
	Dose per administration (mg)	-0.006	0.003	-0.301	.034	
	NR1I2 rs3814057 (C/C = 1)	1.975	0.690	0.390	.008	
	Intercept = 3.216	1.020				
VNO/VRCZ (patients with CRP levels of at least 40 mg/L, n = 22)						
No independent factors						
VRCZ $C_{0h}$ (patients with CRP levels of less than 40 mg/L, n = 34)						
	CYP2C19 genotype (*1/*1 = 1)	-2.471	0.762	-0.430	.003	0.545
	Dose per administration (mg)	0.018	0.005	0.424	.003	
	NR1I2 rs3814057 (C/C = 1)	-1.661	0.667	-0.326	.019	
	NR1I2 rs7643645 (G/G = 1)	2.335	0.859	0.406	.011	
	NR1I2 rs3814055 (T/T = 1)	-4.492	1.497	-0.455	.006	
	Intercept = 1.569	0.699				
VRCZ $C_{0h}$ (patients with CRP levels of at least 40 mg/L, n = 22)						
No independent factors						

Abbreviations: SE, standard error; SRC, standardized regression coefficient.



*CYP2C19* and *CYP3A4* genotypes and inflammation were shown to significantly influence *VRCZ*  $C_{0h}$ .<sup>23</sup>

However, while these studies suggested quantitative connections among inflammation, the CYP enzymes, and *VRCZ* pharmacokinetics, VNO concentrations were not measured, so the impact of inflammation on the metabolic pathway was not clarified. In order to further investigate this connection, we investigated the effect of the inflammatory response on VNO/*VRCZ* and  $C_{0h}/D$ . To this end, we used a CRP cutoff value (40 mg/L) that has been established in a previous report<sup>28</sup> to differentiate the severity of inflammation. There were significant differences in VNO/*VRCZ* and  $C_{0h}/D$  between patients with different *CYP2C19* genotypes only when the patients had CRP levels less than 40 mg/L, but not when the patients had CRP levels of at least 40 mg/L. In addition, inflammatory responses were found to decrease VNO/*VRCZ* and increase *VRCZ*  $C_{0h}/D$  in patients with the *CYP2C19* EM genotype, but not in groups with the *CYP2C19*\*2 or \*3 alleles (i.e., the IM or PM genotypes). These results are consistent with the results of Gautier et al, who concluded that strategies for the individualization of *VRCZ* dose should integrate the inflammatory status of patients in addition to pharmacogenetic variants.<sup>20</sup> In addition, these results are in accord with the results of Simon et al, who used simulations with physiologically based pharmacokinetic models of *VRCZ* and reported that inflammatory responses affected *CYP2C19* activity strongly at intermediate CRP levels (20 to 40 mg/L).<sup>34</sup> Thus, our results confirmed that in an actual TDM in a clinical setting, the effect of *CYP2C19* polymorphisms on *CYP2C19* activity changed across this CRP range.

Here, in addition to *CYP2C19* polymorphisms, the dose per administration of *VRCZ* and the presence of the *NR1I2* rs3814057 polymorphism were also independent factors influencing the VNO/*VRCZ* ratio in patients with CRP levels of less than 40 mg/L, according to multivariate linear regression analyses stratified by CRP. Furthermore, in addition to these factors, the *NR1I2* rs7643645 and rs3814055 polymorphisms were independent factors influencing the *VRCZ*  $C_{0h}$  in these patients. PXR influences the activities of a variety of metabolic enzymes and transporters,<sup>35,36</sup> and it is thus not surprising that SNPs in the *NR1I2* gene would affect the activity of *CYP2C19* and/or *CYP3A4*. Notably, whereas *CYP2C19* is responsible for the main pathway leading to *N*-oxidation, *CYP3A4* appears to play a more important role in the hydroxylation pathway.<sup>10,37</sup> Therefore, it is possible that the effect of *NR1I2* polymorphisms on the VNO/*VRCZ* ratio and *VRCZ*  $C_{0h}$  also reflects an effect of *CYP3A4* on *VRCZ* metabolism.

Our results were in contrast to the results of Zeng et al., who reported that the *NR1I2* rs3814057 C/C genotype increased *VRCZ*  $C_{0h}$  and the rs7643645 G/G genotype decreased *VRCZ*  $C_{0h}$  in an Asian population.<sup>17</sup> This discrepancy may be explained by these authors' lack of consideration of the effects of *CYP2C19* polymorphisms on *VRCZ*  $C_{0h}$ .<sup>17</sup> In other words, it is possible that these were confounding factors. On the other hand, the work of Dapia et al., who reported that the *NR1I2* rs3814055 T/T genotype decreased *VRCZ*  $AUC_{0-\infty}$  in a Spanish population,<sup>16</sup> was consistent with our results. However, our work extends these results by also demonstrating

the effect of the inflammatory response on *VRCZ*  $C_{0h}$ .<sup>16</sup> While other previous studies have shown definitively that both *CYP2C19* polymorphisms<sup>38,39</sup> and inflammation status<sup>20-28</sup> affect blood levels of *VRCZ*, ours is the first study to show the complex impacts of *CYP2C19* and *NR1I2* polymorphisms and CRP levels on the pharmacokinetics of *VRCZ*.

In our study, the *CYP3A5*\*3, *NR1I3*, *FMO3*, and *POR*\*28 polymorphisms did not affect the plasma concentration of *VRCZ*. To our knowledge, there are no reports that *CYP3A5*\*3 or *NR1I3* polymorphisms affected *VRCZ* pharmacokinetics. In fact, one previous report did not support the consideration of dose adjustments of *VRCZ* based on *CYP3A5* polymorphisms.<sup>40</sup> In contrast, other results have been obtained for the effects of *FMO3* polymorphisms on the plasma concentration levels of *VRCZ*. In a univariate analysis of *VRCZ* pharmacokinetics-pharmacogenetics in a Japanese population, the *FMO3* E158K/E308G (rs2266782/rs2266780) genotype was shown to affect the plasma concentration of *VRCZ*.<sup>41</sup> In a similar univariate analysis in a Chinese population, the *FMO3* rs2266780 genotype was shown to affect the plasma concentration of *VRCZ*, but a relationship was not demonstrated upon a multivariate analysis.<sup>17</sup> Conversely, in a multivariate analysis investigating *VRCZ* plasma concentrations in a Spanish population, the *FMO3* rs1800822 genotype was found to be an independent factor affecting the plasma concentration of *VRCZ*, but the *FMO3* rs2266782 genotype was not.<sup>16</sup> Regarding the effect of the *POR* polymorphism on the plasma concentration of *VRCZ*, no consistent results have been obtained so far. Although A503V is a common amino acid sequence variant encoded by *POR* rs1057868,<sup>42</sup> this genotype did not affect the *VRCZ*  $C_{0h}$  or the VNO/*VRCZ* in our study. In previous studies, although *POR* rs1057868 affected the plasma concentration of *VRCZ* in a Spanish population,<sup>16</sup> no relationship was observed in a Chinese population.<sup>17</sup> Importantly, other *POR* variants may also affect CYP-mediated drug metabolism activities.<sup>43</sup> Therefore, the relationships between the pharmacokinetics of *VRCZ* and the *FMO3* and *POR* polymorphisms need to be examined further.

This study had a few limitations. First, the number of patients included in our study population was small, so we may not have been able to definitively prove the effect of the *NR1I2* polymorphism on *VRCZ* pharmacokinetic characteristics in multivariate linear regression analyses stratified by CRP. That is, it is possible that there are confounding factors. Therefore, in follow-up studies, it will be necessary to determine how the *NR1I2* rs3814057, rs7643645, and rs3814055 polymorphisms affect the *VRCZ*  $C_{0h}$  in patients with CRP levels of less than 40 mg/L. Considering the non-linear pharmacokinetics of *VRCZ*, we predict that  $C_{0h}$  will be found to increase with increasing doses in patients with CRP levels of at least 40 mg/L. Second, because we did not measure the blood concentration of 4-hydroxyvoriconazole in this study, the effect of the inflammatory response on *CYP3A4* activity in the metabolism of *VRCZ* could not be evaluated. Notably, the inflammatory response has been shown to influence the metabolic activity of both *CYP3A4* and *CYP2C19*<sup>42,44,45</sup>; in fact, Simon et al. used physiologically based

pharmacokinetic models to demonstrate that CYP3A4 activity is reduced more than CYP2C19 activity when CRP levels are high.<sup>34</sup> Therefore, further studies exploring the effects of the inflammatory response on the hydroxylation pathway of VRCZ are needed. Third, the impacts of the CYP2C19 polymorphism on the side effects and efficacy of VRCZ therapy were not analyzed. The need for clinical trials of VRCZ therapy to determine the usefulness of CYP2C19 genotyping has long been discussed, but clinical implications of CYP2C19 polymorphism remain unresolved.<sup>39</sup> However, our study revealed that the impact of CYP2C19 polymorphism on VRCZ pharmacokinetic characteristics differed in the presence and absence of an inflammatory response. This result may explain the differences in degrees of the effect of CYP2C19 polymorphisms on VRCZ  $C_{0h}$  noted in previous reports.<sup>46</sup>

## 5 | CONCLUSION

Both the CYP2C19 polymorphism and the status of the inflammatory response affect the N-oxidation pathway, the major metabolic pathway of VRCZ. Therefore, the usefulness of CYP2C19 genotype analysis in the individualization of VRCZ dosages depends on the state of the patient's inflammatory response. In addition, the NR1I2 rs3814057, rs7643645, and rs3814055 polymorphisms may also be useful in predicting VRCZ  $C_{0h}$ .

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## DISCLOSURE

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## AUTHOR CONTRIBUTIONS

TN conceived the study; NA, HS, TT, KK, NS and MI investigated the study; JN and KU involved in plasma concentration measurement; NA involved in formal analysis; NA wrote the original draft of the manuscript; and KY, HK, and TN wrote, reviewed and edited the manuscript. All authors read and approved the final manuscript.

## ETHICS STATEMENT

The study was conducted in accordance with the Declaration of Helsinki, and the protocol was approved by the Ethics Committee of Hirosaki University Graduate School of Medicine.

## DATA AVAILABILITY STATEMENT

The data that support the findings of this study are available from the corresponding author upon reasonable request.

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